

Sexual and Reproductive Health Information for Teens



Information About Sexual and Reproductive Health

Go Ask Alice!

Columbia University

www.goaskalice.columbia.edu

This site answers young people's questions on various topics including alcohol and other drugs, emotional health, fitness and nutrition, general health, relationships, and sexual and reproductive health.

I Wanna Know: Sexual Health and You

American Sexual Health Association

www.iwannaknow.org

Information about sex, sexually transmitted diseases (STDs), pregnancy and parenthood, and relationships. There is a glossary of terms and links to other helpful sites about sexual health, sexual assault and dating violence, and LGBTQ issues.

Planned Parenthood: Info for Teens

www.plannedparenthood.org/info-for-teens

Information for teens on sexual maturity and health, sexuality, relationships, pregnancy and LGBTQ issues.

Scarleteen

www.scarleteen.com

This popular site has answers to questions and message boards on sexuality, contraception, infections, pregnancy, men's issues, LGBTQ issues and sexual politics.

Sex Etc.

www.sexetc.org

This site has videos for teens related to sexual health and relationships in addition to helpful forums with answers by a professional "sexpert."

TeensHealth

Nemours Foundation

www.kidshealth.org/teen

Articles for teens on many topics, including physical health conditions, mental health, sexual health, exercise, nutrition and recipes, and drugs and alcohol. (In English and Spanish.)

Finding Sexual/Reproductive Health Services Near You

Emergency Contraception ("The Morning-After Pill")

888-NOT-2-LATE (888-668-2528)

www.ec.princeton.edu

Emergency contraception (EC) works after sex to stop a pregnancy before it starts. It is most effective if taken within 24 hours after unprotected sex and no more than three days after. Search by zip code to find where to get EC near you. Women and men ages 17 and older can buy EC without a prescription at pharmacies. Prescriptions are required for those under age 17.

NYC Teen

NYC.gov

www.nyc.gov/html/doh/teen/html/home/home.shtml

This site has a list of free and low-cost sexual/reproductive health clinics. It has info on calling 311 to learn where to go for confidential pregnancy or STD tests, birth control, and free condoms.

This page has a list of clinics in the Bronx:

www.nyc.gov/html/doh/downloads/pdf/std/teens-clinics.pdf

Planned Parenthood NYC

349 East 149th Street, 2nd Floor, 212-965-7000

www.plannedparenthood.org/nyc

Services include annual gynecology exams, pregnancy testing, birth control, STD and HIV testing, and the morning-after pill.

The guide *Taking Care of You* helps you decide what kind of clinic to go to. It also explains what will happen during an exam (for women and men). Download the guide at:

www.plannedparenthood.org/nyc/files/NYC/Taking_Care_of_You_2010_with_hyperlinks.pdf