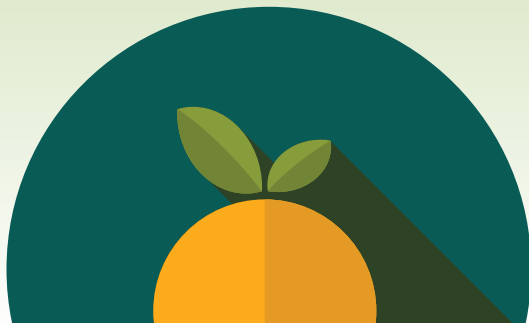


FOCUS ON

PREVENTION
OF DIABETES
AND OBESITY



NOVEMBER
IS 
AMERICAN
DIABETES
MONTH 

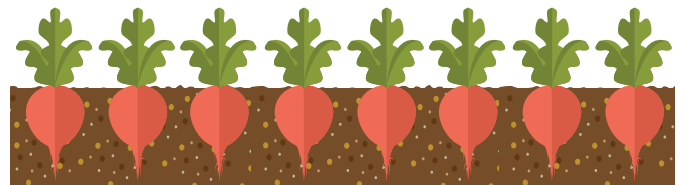
Community Garden

Sponsored by Office of Community and Population Health

- * TUESDAYS, 11/4, 11/11 and 11/18
- * 11:00 am

Montefiore Medical Group

Family Health Center
360 East 193rd Street
Bronx, New York 10458



Diabetes Support Group

Sponsored by Office of Community and Population Health

- * FRIDAYS, 11/7, 11/14 and 11/21
- * 11:00 am–noon

Montefiore Medical Group

Family Health Center
360 East 193rd Street
Bronx, New York 10458

Diabetes Support Group for People with Type 2 Diabetes

- * **MONDAY, 11/17**
- * **5:30–7:00 pm**

Weiler Hospital

Department of Medicine
Conference Room 2-76,
2nd floor
1825 Eastchester Road
Bronx, New York 10461



Weight Management Group

Sponsored by Office of Community and
Population Health

- * **TUESDAYS, 11/4, 11/11 and 11/18**
- * **5:00–6:00 pm**

Montefiore Medical Group

Family Health Center
360 East 193rd Street
Bronx, New York 10458

Farmers' Market

- * **TUESDAYS, 11/4, 11/11 and 11/18**
- * **10:00 am**

Montefiore Medical Group

Family Health Center
360 East 193rd Street
Bronx, New York 10458

- * **TUESDAYS, 11/4, 11/11 and 11/18**
- * **11:30 am**

Montefiore Medical Group

Comprehensive Health Care Center
305 East 160th Street
Bronx, New York 10451

Farmers' Market

Sponsored by Office of Community and
Population Health

- * **TUESDAYS, 11/4, 11/11 and 11/18**
- * **Noon–1:00 pm**

Montefiore Medical Group

Grand Concourse
2532 Grand Concourse
Bronx, New York 10458

- * **TUESDAYS, 11/4, 11/11 and 11/18**
- * **10:00 am**

Montefiore Medical Center

Greene Medical Arts Pavilion, 8th floor
3400 Bainbridge Avenue
Bronx, New York 10467

- * **TUESDAYS, 11/4, 11/11 and 11/18**
- * **10:30–11:30 am**

Montefiore Medical Group

University Avenue Family Practice
105 West 188th Street
Bronx, New York 10468

- * **TUESDAYS, 11/4, 11/11 and 11/18**
- * **11:00 am**

Montefiore Medical Group

Comprehensive Family Care Center
1621 Eastchester Road
Bronx, New York 10461

- * **WEDNESDAYS, 11/5, 11/12 and 11/19**
- * **9:00–10:00 am**

Montefiore Medical Group

Co-op City Community Center
2100 Bartow Avenue
Bronx, New York 10475



* **WEDNESDAYS, 11/5, 11/12 and 11/19**

* **10:15–11:15 am**

Montefiore Medical Group

Grand Concourse
2532 Grand Concourse
Bronx, New York 10458

* **FRIDAY, 11/7**

* **10:00 am**

Montefiore Medical Group

Bronx East
2300 Westchester Avenue
Bronx, New York 10462

* **FRIDAYS, 11/7, 11/14 and 11/21**

* **9:00–10:00 am**

Montefiore Medical Group

Co-op City Community Center
115 Dreiser Loop
Bronx, New York 10475



Food Demonstrations

* **MONDAY, 11/3**

* **1:00–3:00 pm** (Pediatrics, 1st floor)

* **THURSDAY, 11/13**

* **9:30–11:30 am** (4th floor)

* **THURSDAY, 11/20**

* **1:00–3:00 pm** (Women's Health, 2nd floor)

Montefiore Medical Group

Family Care Center
3444 Kossuth Avenue
Bronx, New York 10467

Food Demonstrations

Sponsored by Office of Community and
Population Health

* **MONDAYS, 11/3, 11/10 and 11/17**

* **1:00 pm**

Montefiore Medical Group

Co-op City Community Center
115 Dreiser Loop, Patient waiting area
Bronx, New York 10475

* **WEDNESDAYS, 11/5, 11/12 and 11/19**

* **3:00 pm**

Montefiore Medical Group

Co-op City Community Center
2100 Bartow Avenue, Patient waiting area
Bronx, New York 10475

* **WEDNESDAYS, 11/5, 11/12 and 11/19**

* **2:00 pm**

Montefiore Medical Group

West Farms Family Practice
1055 East Tremont Avenue, Patient waiting area
Bronx, New York 10460

* **FRIDAYS, 11/7, 11/14 and 11/21**

* **1:00–2:00 pm**

Montefiore Medical Group

Family Health Center
360 East 193rd Street, Patient waiting area
Bronx, New York 10458



SALUD EN LA COMUNIDAD



Hostos Community College
500 Grand Concourse
Bronx, New York 10451

Join us for a day filled with:

- Live entertainment
- Diabetes workshops
- Health screenings
- Food demonstrations
- Health education

**SATURDAY,
NOVEMBER 1, 2014
10:00 am–5:00 pm**

Sponsored by Novo Nordisk



novo nordisk®



GROUPS
DEMONSTRATIONS
CLASSES
DISCUSSION
TOURS
WORKSHOPS
GARDENS
INFORMATION

Small Steps in Preventing Diabetes

Sponsored by Office of Community and
Population Health

Aisling Irish Community Center

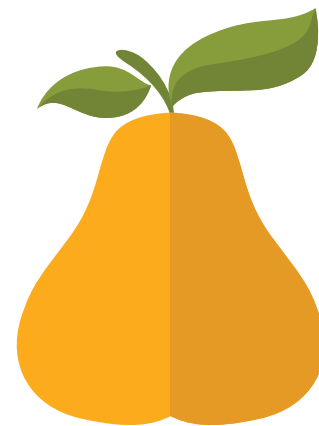
990 McLean Avenue
Yonkers, New York 10704

* **THURSDAY, 11/13**
* **6:00 pm**

Bronx Health Link, Inc.

851 Grand Concourse
9th floor, Suite 91
Bronx, New York 10451

* **WEDNESDAY, 11/19**
* **10:00 am–noon**



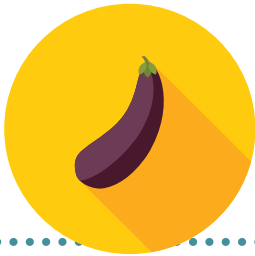
Diabetes Informational Table

**Montefiore Medical Group
Family Care Center**
3444 Kossuth Avenue, Lobby
Bronx, New York 10467

- * **TUESDAY, 11/4**
- * **1:30–3:30 pm**
- * **TUESDAY, 11/18**
- * **1:30–3:30 pm**
- * **WEDNESDAY, 11/12**
- * **9:30–11:30 am**
- * **MONDAY, 11/24**
- * **1:30–3:30 pm**

Wakefield Ambulatory Care Center
4234 Bronx Boulevard
Bronx, New York 10466

- * **THURSDAYS 11/6 and 11/20**
- * **1:00-2:00 pm**
- * **FRIDAY, 11/14**
- * **1:00-2:00 pm**
- * **FRIDAY, 11/21**
- * **3:00-4:00 pm**



Exercise Demonstrations

**Montefiore Medical Group
Family Care Center**
3444 Kossuth Avenue
Bronx, New York 10467

- Adult, 5th floor**
- * **WEDNESDAY, 11/5**
- * **2:00–3:00 pm**
- Pediatrics, 1st floor**
- * **THURSDAY, 11/6**
- * **2:00–3:00 pm**
- Pediatrics, 2nd floor**
- * **TUESDAY, 11/11**
- * **2:00–3:00 pm**
- Pediatrics, 1st floor**
- * **MONDAY, 11/17**
- * **2:00–3:00 pm**
- Adult, 4th floor**
- * **WEDNESDAY, 11/19**
- * **2:00–3:00 pm**
- Pediatrics, 2nd floor**
- * **TUESDAY, 11/25**
- * **11:00 am-noon**

Sugar-Free Beverages

- * **WEDNESDAY, 11/5**
- * **11:30 am–1:30 pm**

**Montefiore Medical Center
Moses Campus, Food Pavilion***
111 East 210th Street
Bronx, New York 10467

**Montefiore Medical Center
Einstein Campus, Lubin Dining Hall**
1825 Eastchester Road
Bronx, New York 10458

**Montefiore Medical Center
Wakefield Campus, Cafeteria**
600 East 233rd Street
Bronx, New York 10466



Healthy Snack Day

- * **WEDNESDAY, 11/12**
- * **11:30 am–1:30 pm**

**Montefiore Medical Center
Moses Campus, Food Pavilion***
111 East 210th Street
Bronx, New York 10467

**Montefiore Medical Center
Einstein Campus, Lubin Dining Hall**
1825 Eastchester Road
Bronx, New York 10458

**Montefiore Medical Center
Wakefield Campus, Cafeteria**
600 East 233rd Street
Bronx, New York 10466

11/14

**WORLD
DIABETES DAY**

Learning Portion Control



- * **TUESDAY, 11/25**
- * **11:30 am–1:30 pm**

**Montefiore Medical Center
Moses Campus, Food Pavilion***
111 East 210th Street
Bronx, New York 10467

**Montefiore Medical Center
Einstein Campus, Lubin Dining Hall**
1825 Eastchester Road
Bronx, New York 10458

**Montefiore Medical Center
Wakefield Campus, Cafeteria**
600 East 233rd Street
Bronx, New York 10466

*Location subject to change

Diabetes Management Workshop

- * **THURSDAY, 11/13**
- * **4:00–6:00 pm**

**Montefiore Medical Group
Grand Concourse**
2532 Grand Concourse
Bronx, New York 10458

- * **FRIDAY, 11/14**
- * **2:30–4:30 pm**

Wakefield Ambulatory Care Center
4234 Bronx Boulevard
Bronx, New York 10466

- * **TUESDAY, 11/18**
- * **2:00–4:00 pm (Spanish)**
- * **4:00–6:00 pm (English)**

**Montefiore Medical Group
Bronx East**
2300 Westchester Avenue
Lower Level MMG Conference Room
Bronx, New York 10462

- * **MONDAY, 11/24**
- * **10:00 am–noon**

Co-op City Community Center
177 Dreiser Loop
2nd Floor, Room 8
Bronx, New York 10475



Montefiore Candy Exchange for Children with Diabetes

- * **MONDAY, 11/3**
- * **3:00–6:00 pm**

**Children's Hospital at Montefiore
3415 Bainbridge Avenue, Lobby
Bronx, New York 10467**

Presented by the Division of Pediatric
Endocrinology and Diabetes,
Children's Hospital at Montefiore
RSVP required 718-920-5612

