

Adult Children Caregiver's Group 2020

- **Pre-registration is required. You must call ahead to participate.**
- You must be 21 or older to attend this group. (Information for other groups is available on the bulletin board at the Center for the Aging Brain, 6 Executive Plaza, Suite 297, Yonkers, NY 10701. You can also contact the Alzheimer's Association or CaringKind for information about other groups.)
- If a group meeting is canceled, a messages will be placed on voicemail and sent via email. But always call or check on the day of the meeting to confirm that it has not been cancelled.
- The group will meet on the **3rd Monday of each month, except in January and February.**

2020 DATES:

- January 27th – note date change to 4th Monday due to holiday
- Feb 24th – note date change to 4th Monday due to holiday
- March 16th
- April 20th
- May 18th
- June 15th
- July 20th
- Aug 17th
- Sept 21st
- Oct 19th
- Nov 16th
- Dec 21st

Time: 6:30 p.m. (Ends between 7:30 - 7:45 p.m.)
Please, try your best to arrive on time)

Location:
6 Executive Plaza, Suite 297
Yonkers, NY 10701



Teresa Santos, LCSW
914 375-4884 or 914 375-4880

Montefiore