

Online Breastfeeding Classes - *Clases de Lactancia Materna online*

Stanford University Short Course on Breastfeeding (*prerecorded – watch anytime*)

<https://online.stanford.edu/courses/som-y0018-stanfords-short-course-breastfeeding>

Carolina Global Breastfeeding Institute: Breastfeeding Class on Zoom

Mondays, classes at 1pm –2:30 pm and 3pm-4:30 PM

On the date and time of the class go to <https://zoom.us/j/95130930585>

ESPAÑOL: CLASES SOBRE LACTANCIA MATERNA

Martes

12-1:30

En la fecha y hora de la clase conéctese en línea <https://zoom.us/j/95130930585>

Just Birth Space Newborn Care and Infant Feeding

Second Wednesday of the month - 6pm-8 pm

<https://us02web.zoom.us/meeting/register/tZMof-2vpzgvGNUgq1a8M-1SCLUfZwey0PrY>

Just Birth Space Infant Feeding

Fourth Thursday of the Month-10am-12pm

<https://us02web.zoom.us/meeting/register/tZEgf-yhrTkjE9WLWSIZBmUBe6GTqxGmhw8C>

Montefiore Birth & Breastfeeding Class 1 (online)

First Tuesday and First Thursday of the Month, 11:45-1

Please call 646 494 8397 to register

Montefiore Birth & Breastfeeding Class 2 (online)

First Thursday of the Month 1-2pm

On the date and time of the class go to <https://zoom.us/j/77891168604>

Enter passcode: WIC123

Montefiore Wakefield Breastfeeding Class

Last Wednesday of the month 6pm

On the date and time of the class go to <https://zoom.us/j/83676111970>

Enter passcode 731799

For questions call 646 584 4647

<https://online.stanford.edu/courses/som-y0018-stanfords-short-course-breastfeeding>

For variety of prenatal and breastfeeding classes from the Bronx Health Link, go to:

<https://linktr.ee/bronxhealthlink>

Breastfeeding Support - Apoyo para la lactancia

To schedule a ***one-on-one breastfeeding consult*** in person, by video or by phone:

Call the [NYC Breastfeeding Warmline](#): 646-965-7212 (Mon-Fri 9-5)

Or search www.ilca.org to find a private lactation consultant

Para programar una consulta sobre lactancia materna en persona, por video o por teléfono:

Llame a [NYC Breastfeeding Warmline](#): 646-965-7212 (de lunes a viernes de las 9h a las 5h)

O busque en www.ilca.org para apoyo privado a la lactancia

To attend an ***online breastfeeding support group***, go to:

Bronx Baby Café Breastfeeding Support Group

Thursdays at 11am

Download the [Cisco WebEx App](#)

On the date and time of the class open the app and enter room number: 474 823 967

Or call 1-844-621-3956, access code 474 823 967

WIC Breastfeeding Support group (WIC participants only)

Mondays, Tuesdays and Wednesdays at 10am

Download the [Cisco WebEx App](#) and enter room number: 474 823 967

Or call 1-844-621-3956, access code 474 823 967

Bronx Healthy Start: Breastfeeding Support Group

First Thursday of the Month 10am-12pm, Third Thursday of the month, 5-6:30pm

Zoom Link: <https://bit.ly/3hc7CwP>

Attend as long or short as you need - bring baby!

Just Birth Space Postpartum Support Group

Thursdays 5-6:30pm

https://us02web.zoom.us/meeting/register/tZMldeiqrzwwGdPz_KVpPp67AFXjT1DUWSMo

Para asistir a un **grupo de apoyo para la lactancia materna en línea**, vaya a:

Bronx Baby Café Breastfeeding Support Group

Jueves a las 13h

Descargar [Cisco WebEx App](#) - En la fecha y hora de la clase, abra la aplicación y ingrese la identificación de reunión: 474 823 967

Just Birth Space Grupo de Apoyo En El Embarazo

Primer Lunes de cada mes, 17:30h

<https://us02web.zoom.us/meeting/register/tZ0pdeytrzkpGNF6WPSGNQUOaDGwfoOiL8aW>