



# Montefiore

## Inpatient Substance Abuse Program at Montefiore North Division

### Aftercare Referrals

Most patients remain in the detox unit for 3 – 4 days. During this time, a social worker will develop a discharge plan with the patient. The continuation of treatment upon discharge is critical to maintaining sobriety.

We provide referrals to a variety of treatment facilities including residential programs, 21 to 28 day rehabilitation programs and outpatient treatment programs.

The type of follow-up treatment required depends on a number of factors including treatment history, mental health needs, and family/friend support networks.

### Our Hours of Operation

#### Monday – Friday:

8:00am – 8:00pm

#### Saturday & Sunday:

8:00am – 4:00pm

Medically Managed Detoxification Unit  
600 East 233rd Street  
Bronx, New York 10466  
718-920-9440

### After Hours

North Division Emergency Department  
600 East 233rd Street  
Bronx, New York 10466  
718-920-9000

# Montefiore

Recognized by *U.S. News & World Report* as a leader in specialty and chronic care, Montefiore is the University Hospital for Albert Einstein College of Medicine.

[www.montefiore.org](http://www.montefiore.org)



A caring environment where patients can be treated for alcohol and drug-related health problems



## Medically Managed Detoxification Unit

The Medically Managed Detoxification Unit offers unique services at the North Division of Montefiore, an academic medical center that has provided outstanding patient care for more than 125 years. Our 10-bed inpatient unit at the North Division provides complete care for adults with drug and alcohol-related health problems.

The Detoxification Unit consists of a multidisciplinary treatment team which includes substance abuse counselors, nurses, a social worker and a medical director.

Montefiore admits patients who are experiencing incapacitation due to substance use and/or abuse and are experiencing acute withdrawal symptoms. Patients can be admitted 24 hours a day, 7 days a week at the North Division Emergency Department.

We accept Medicaid, Medicare and most insurance and managed care plans for inpatient treatment.

### Why Detox?

The use and abuse of alcohol and/or other drugs can disrupt a person's life in many ways. Loss of self-esteem, relationships, money, employment, and even loss of life can result from continued abuse of substances without proper treatment. However, with detoxification, many individuals can resume and maintain a healthy and stable lifestyle.

### Goals for Patients

- To provide a medical intervention by breaking the dependency on alcohol and/or drugs
- To recover from the effects of chemical dependency
- To prepare patients for the next phase of treatment

### Buprenorphine

We now offer buprenorphine for patients with opioid dependence.

### What to Expect

Upon admission to the unit, the patient will receive a comprehensive assessment to determine his or her needs. The assessment includes a thorough medical history, physical examination, laboratory tests, psychosocial evaluation, and an individualized treatment plan.

Patients who are under the influence of chemical substances and are determined unable to manage themselves will be closely observed until they are stabilized.

Patients will be seen by a social worker and a substance abuse counselor and will participate in individual and group counseling sessions. A psychiatrist is also available if the patient has mental health treatment needs.

