



Sign up for a healthier lifestyle with Weight Watchers®.

Montefiore has joined forces with Weight Watchers to bring you special savings on valuable and convenient weight-loss solutions.

Choose an offering that best suits your specific lifestyle and preference.

1. Weight Watchers Meetings with Monthly Pass

With Monthly Pass you can get the convenience of Weight Watchers meetings in your workplace and unlimited meetings in your local community. Get our lowest price per week and FREE eTools, our internet weight-loss companion that helps you stay on track between meetings.

2. Weight Watchers Online Subscription

With Weight Watchers Online, you can follow the plan step-by-step entirely online with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience.

To sign up, see page 2.

Montefiore

To Your **HEALTH!**
Montefiore for a Healthy You

weightwatchers

Special pricing for Montefiore.

Montefiore is committed to helping you achieve your weight-loss goals and improve your overall health by offering a **subsidy and reimbursement** on the Weight Watchers offerings listed below.

Weight Watchers Offering	Weight Watchers pricing	Montefiore associate monthly cost	Meet the participation criteria (listed below), and be eligible to receive the following reimbursement
Meetings with Monthly Pass* - provides access to community and At Work meetings**	\$42.95 per month	\$18.25	\$9.13 per month
Weight Watchers Online†	\$18.95 per month	\$8.05	\$4.03 per month

To purchase any of these Weight Watchers offerings, or for more information, visit <http://wellness.weightwatchers.com>, Employer ID: 65022, Employer Passcode: WW65022.

If you experience any problems with this site, please call the Weight Watchers Wellness Hotline at 866-204-2885.

To qualify for the **reimbursement**, you must meet the participation criteria outlined below.

Program	Monthly Reimbursement
Monthly Pass - Attend at least 10 out of 12 meetings in each 12 week period of your membership	\$9.13
Online - Submit your Monthly Summary Progress Report every 12 weeks of your membership as proof of participation	\$4.03

Reimbursement forms can be found [here](#).

* Monthly Pass is sold in participating areas only; may not be accepted in all areas. Visit <http://www.mypowwr.com/MPLocations.aspx> for details. Monthly Pass automatically renews each month until you cancel or until Montefiore ends the program. After that you will be charged at the standard monthly plan fee (currently \$42.95, plus tax in Connecticut) until you cancel. Your credit card will be charged up to 15 days prior to your renewal date each month, to ensure you receive your new Monthly Pass card on time. Sign up for Monthly Pass must be completed on our website. Monthly Pass holders will receive 30 days' notice of any price change. To cancel, visit www.weightwatchers.com/monthlypasscancellation or ask your meeting staff for a copy of our cancellation policy. Available to individuals age 18 and over. Void where prohibited.

** Available only in participating areas in the U.S. Minimum enrollment required.

‡ Weight Watchers Online automatically renews each month until you cancel or until Montefiore ends the program. After that you will be charged at the standard monthly rate (currently \$18.95) until you cancel. You can cancel your subscription on our site, by email or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.

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