Everyone age 13 and older will now be offered the HIV test at Montefiore Medical Center

- Most people will test HIV negative, so get tested for your own peace of mind. You can also learn how to stay HIV negative.

- People with HIV can spread the virus through unprotected sex, sharing needles, childbirth or breastfeeding.

- Treatments can help HIV-positive people live healthier, longer lives.

- If you are diagnosed as HIV-positive, learn how to avoid re-infecting yourself with other strains of HIV and how to avoid infecting others.

- Testing is voluntary. If you do agree to testing, your consent remains in effect until you withdraw it verbally or in writing.

- There are laws that protect you from discrimination if you test HIV positive and that also protect the privacy of your test results.

- There are public health clinics and agencies where you can get an HIV test anonymously.

For more information, visit:

Montefiore Medical Center | montefiore.org/hiv-aids or adolescentaids.org
New York State Department of Health | health.ny.gov/aids
New York City Department for Health and Mental Hygiene | nyc.gov/health