Change Your Life with Joint Replacement Surgery
If you answered “yes” to these questions, you may be a candidate for joint replacement surgery. More than one million Americans have joint replacement surgery every year, helping them quickly return to a full and active lifestyle. Our mission is to return each individual to full mobility through state-of-the-art joint replacement surgery provided in an efficient, informative and compassionate environment. Joint replacement surgery is becoming increasingly common and can be a life-changing procedure.

The Montefiore Center for Joint Replacement Surgery is redefining the patient experience through patient-and family-centered care. This new model comforts patients and their families, making them feel cared for as if they are in their own homes.
Not all joint replacement centers are created equal. The Montefiore Center for Joint Replacement Surgery’s brand new state-of-the-art facility features mostly private rooms and a dedicated rehabilitation gymnasium. A program of the nationally renowned Department of Orthopaedic Surgery, the Center is led by Neil J. Cobelli, MD, Chairman, Orthopaedic Surgery, Montefiore, and Professor, Orthopaedic Surgery, Albert Einstein College of Medicine, and is supported by a multidisciplinary team of orthopaedic surgeons and other experts who specialize in joint replacement surgery, pain management, recovery and rehabilitation. A customized treatment plan is created for each patient to ensure the best possible outcome and quickest recovery time. Montefiore has the resources and expertise to treat patients of all ages, even those considered too elderly or sick by other institutions. The Montefiore Center for Joint Replacement Surgery is redefining the patient experience through patient- and family-centered care. This new model comforts patients and their families, making them feel cared for as if they are in their own homes. According to Press Ganey* surveys, our patient satisfaction scores are exemplary.

*Press Ganey Associates, Inc. Recognized as a leader in performance improvement for nearly 30 years, Press Ganey partners with more than 10,000 healthcare organizations globally to create and sustain high performance and improve the overall patient experience.
The Joint Replacement Program Features:

**EDUCATION CLASSES** Preoperative education classes are led by clinicians and other experts who provide extensive information and answer questions on what to expect before, during and after surgery.

**PATIENT- AND FAMILY-CENTERED CARE** We are committed to patient- and family-centered care, an innovative model of healthcare delivery rooted in partnerships between providers, patients and their families. We view all aspects of care through your eyes, and strive to respond to your needs and help you overcome challenges, big and small.

**MULTIDISCIPLINARY TEAMS** Our multidisciplinary team of dedicated orthopaedic surgeons, nurses, physical therapists, occupational therapists, patient care associates, social workers, nutritionists, housekeepers, case managers and other team members collaborates to provide personalized, customized care.

**DAILY ROUNDS** Daily rounds are performed by our surgeons and other specialists to keep you informed and relaxed, and to ensure the ultimate patient experience.

**EXPERIENCED PAIN MANAGEMENT TEAMS** A dedicated team of anesthesiologists, fellowship-trained in pain management, will help manage your pain before, during and immediately after surgery. The team is specialized in regional anesthetics, and the latest nerve block techniques, which block specific nerves near the joint, providing pain relief while minimizing the use of narcotics.

**ACCELERATED THERAPY PROGRAMS** Accelerated physical and occupational therapy programs, tailored to each patient’s individual needs, improve mobility and flexibility, and enhance the recovery process.

**CUSTOMIZED DISCHARGE PLANS** A customized discharge plan enables the majority of patients to go home in two or three days with enhanced home care services.

Joints can be damaged by arthritis, other diseases, injuries and general wear and tear. At Montefiore, we specialize in partial and total replacement of the hip, knee, shoulder, ankle and elbow joints.
Montefiore performs more than 1,200 joint replacement surgeries a year, making it one of the busiest and most popular programs in the state. With our new facility, our outstanding staff and our superb patient satisfaction scores, we expect this number to grow to nearly 1,500 by 2015.

The Department of Orthopaedic Surgery’s Joint Replacement Team

When you choose Montefiore, you are choosing experienced orthopaedists who have dedicated their careers to performing total joint replacements, changing thousands of lives in the process. Our talented surgeons utilize the latest implants and minimally invasive techniques while offering compassionate and personalized care. As a Montefiore patient, you will also be choosing a multidisciplinary team of specialists—from physical therapists to nutritionists—who collaborate with our surgeons. Because Montefiore is the University Hospital for Albert Einstein College of Medicine, many of our staff are also gifted scientists committed to researching arthritis treatments, pain management and joint replacement longevity. When breakthroughs are made, Montefiore patients are the first to benefit.
The Patient Experience

The road to recovery can be a challenge with any surgical procedure. At Montefiore, we support you every step of the way—from the initial discussions through to postoperative care, we can help you achieve an optimum outcome. You will be made to feel at home by friendly and caring staff and inspired by our beautiful and unique facility. We are here to serve you and make this experience a positive and successful one for you and your family.

Benefits of Joint Replacement Surgery

- Relief from pain and discomfort
- Improved strength and flexibility in the joint
- Greater mobility
- Improved quality of life

Insurance Coverage

Montefiore accepts most types of health insurance plans, HMOs and managed care plans, and is committed to providing every patient with the highest quality care, regardless of insurance type. If you don’t have health insurance, please call Montefiore’s Financial Aid Office at 718-944-3800, Monday through Friday, from 9:00 am to 5:00 pm. Our financial counselors can determine your eligibility for free or low-cost insurance, as well as government assistance.

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Patient Stories

I had knee surgery in January, and I was treated like a king! The pain was minimal and the staff was wonderful. I was soon walking, back to work as well as driving. I would recommend the Montefiore Center for Joint Replacement Surgery to anyone who needs this surgery. In fact, I’ve already recommended it to three of my friends. Everything worked out wonderfully.  

Bob Tolve, 67

Hip replacement surgery has changed my life. I feel like a new person; I’m able to walk and do everything I used to do. My husband and I are celebrating our 44th wedding anniversary in a couple of months, and I’m very happy to be able to dance again! I would highly recommend Montefiore, and the entire staff at the Montefiore Center for Joint Replacement Surgery.

Barbara Taub, 63
Montefiore, the University Hospital for Albert Einstein College of Medicine, is recognized among the top hospitals nationally and regionally by U.S. News & World Report.

www.montefiore.org/surgery-orthopaedic-joint-replacements