

Montefiore Einstein
Center for Heart &
Vascular Care

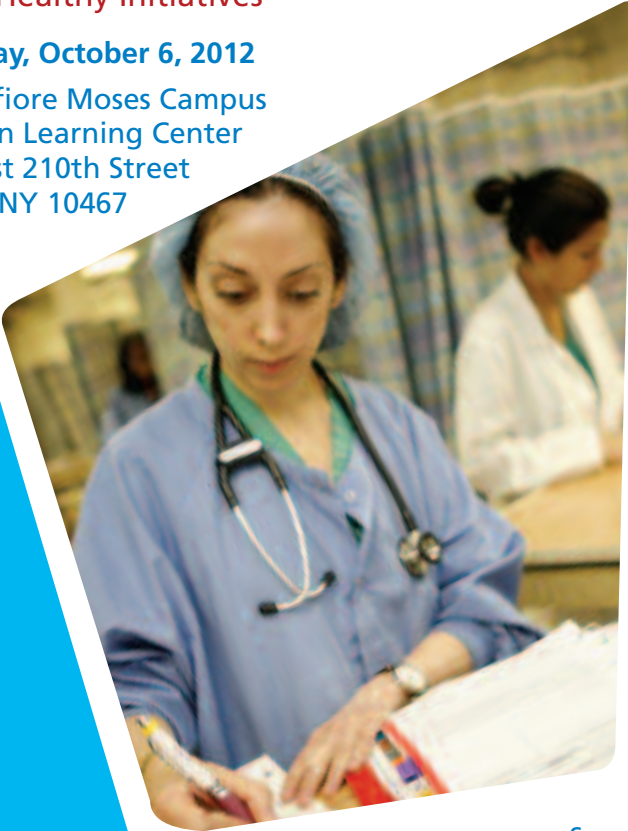
Montefiore
THE UNIVERSITY HOSPITAL



Hispanic Women's Heart Health Today: Applying the Guidelines Toward Hispanic Heart Healthy Initiatives

Saturday, October 6, 2012

Montefiore Moses Campus
Tishman Learning Center
111 East 210th Street
Bronx, NY 10467



Sponsored by
Albert Einstein College of Medicine
and Montefiore Medical Center

Presented by the Department of Cardiology

Conference Director **Julie J. Ramos, MD**

Conference Co-Director **Ileana L. Piña, MD, MPH, FAHA, FACC**

Keynote Speaker **Senator Gustavo Rivera, District 33**

Hispanic Women's Heart Health Today:

Applying the Guidelines Toward Hispanic Heart Healthy Initiatives

GENERAL INFORMATION

ACTIVITY DATE AND TIME Saturday, October 6, 2012, 7:30 am – 2:00 pm

ACTIVITY LOCATION Montefiore Moses Campus, Tishman Learning Center
111 East 210th Street, Bronx, NY 10467

REGISTRATION FEE Complimentary

STATEMENT OF NEED

The community Montefiore serves is one that has great medical needs especially as it relates to cardiovascular disease. The community Montefiore serves represents an urban center with above average rates of obesity, diabetes of most urban centers, leading to one of the highest rates of cardiovascular disease. Heart disease is and will unfortunately continue to be the number one killer of Hispanic women. Obesity and diabetes are highly prevalent with up to 30% of the urban population suffering either condition. The focus of the Hispanic Women's Heart Health Today is to address the cardiovascular health risks of Hispanic women and offer steps to modify those risks from within our surrounding communities.

Many health disparities, such as obesity and diabetes, disproportionately affect Hispanic women in our community. This translates into greater numbers of cardiovascular events including myocardial infarctions and stroke. This conference will bring together a diverse group of professionals and leaders in the Hispanic community of New York to address this most pressing cause of mortality in Hispanic women. This conference will include prevention and wellness health goals emphasized by the Healthy People 2020 initiative.

ACTIVITY GOALS

The goals of the conference are to address the cardiovascular health risk factors in the Hispanic women of our community. It will identify what are the greatest health challenges our Hispanic women face that increase their cardiovascular risk. The current Guidelines for the Prevention of Heart Disease in Women which specifically address the need for cultural competence and understanding how culture, race and language can impact on the care of women with diverse race and ethnicity will be highlighted.

LEARNING OBJECTIVES

After attending this activity, participants will be able to:

- Apply the Guidelines for the Prevention of Heart Disease in Women
- Identify that heart disease is the most prevalent cause of death in Hispanic women
- Acknowledge the cardiovascular challenges that Hispanic women face
- Compare/contrast risk factors of Hispanic women versus non-Hispanic women
- Present strategies for translating and applying risk factor modification for Hispanic women; using prevention education in clinical care
- Recognize the complications of pregnancy that predict the incidence of future risk
- Utilize the tools acquired in the conference to identify Hispanic women at high risk
- Implement approaches to optimize lifestyle changes for Hispanic women in their own practices

INTENDED AUDIENCE

This conference is intended for primary care providers, PAs, NPs, nurses, pharmacists, and other health care practitioners and community leaders, who care for an at-risk urban population and in particular, Hispanic women. In keeping with the Guidelines for the Prevention of Heart Disease in Women and a teaching institution, we invite multiple disciplines including family practitioners, internists, and obstetrics/gynecology providers who care for Hispanic women in their reproductive years and beyond.

ACCREDITATION FOR PHYSICIANS

Albert Einstein College of Medicine of Yeshiva University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Albert Einstein College of Medicine of Yeshiva University designates this live activity for a maximum of **4.5 AMA PRA Category 1 Credit(s)TM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONFLICT OF INTEREST

The "Conflict of Interest Disclosure Policy" of Albert Einstein College of Medicine of Yeshiva University requires that faculty participating in any CME activity disclose to the audience any relationship(s) with a pharmaceutical or equipment company. Any presenters whose disclosed relationships prove to create a conflict of interest, with regard to their contribution to the activity, will not be permitted to present.

Albert Einstein College of Medicine of Yeshiva University also requires that faculty participating in any CME activity disclose to the audience when discussing any unlabeled or investigational use of any commercial product or device not yet approved in the United States.

The staff of CCME of Albert Einstein College of Medicine of Yeshiva University has no conflicts of interest with commercial interests related directly or indirectly to this educational activity.

SPECIAL NEEDS (ADA)

Albert Einstein College of Medicine of Yeshiva University and Montefiore Medical Center fully comply with the legal requirements of the Americans with Disabilities Act. If any participant is in need of special accommodations, please submit a written request at least two weeks prior to the activity to Center for Continuing Medical Education, 3301 Bainbridge Avenue, Bronx, New York 10467 or send an email to npiacent@montefiore.org

CONFERENCE DIRECTOR

Julie J. Ramos, MD

Assistant Professor of Medicine
Albert Einstein College of Medicine
Attending Cardiologist
Montefiore-Einstein Center for Heart and Vascular Care

CONFERENCE CO-DIRECTOR

Ileana L. Piña, MD, MPH, FAHA, FACC

Associate Chief for Academic Affairs and Staff Heart Failure/Transplant Cardiologist
Montefiore Einstein Center for Heart and Vascular Care.

GUEST FACULTY

Mario J. Garcia, MD, FACC

Professor of Medicine and Radiology
Albert Einstein College of Medicine
Chief, Division of Cardiology and Co-Director
Montefiore-Einstein Center for Heart and Vascular Care

Senator Gustavo Rivera

New York State Senator – District 33

Candace Robertson-James, DrPH, MPH

Instructor of Medicine
Research Manager
Women's Health Education Program
Drexel University College of Medicine

Mary L. Rosser, MD, PhD

Assistant Professor of Obstetrics and Gynecology
Albert Einstein College of Medicine
Department of Obstetrics and Gynecology and Women's Health
Montefiore Medical Center

David Paul Slovut, MD, PhD

Director, Advanced Intervention Therapy
Co-Director of the Trans-Catheter Aortic Valve Replacement Program
Montefiore-Einstein Center for Heart and Vascular Care

Cynthia C. Taub, MD, FACC, FASE

Associate Professor of Clinical Medicine
Albert Einstein College of Medicine
Director of Non-Invasive Cardiology
Montefiore-Einstein Center for Heart and Vascular Care

CONFERENCE SCHEDULE

Agenda: Morning Topics in Lecture Format: 8:00 am – 11:45 am

- 7:30 – 7:55 am Breakfast and registration
- 7:55 – 8:00 Introduction and Welcome Remarks
Ileana L. Piña, MD, MPH Julie J. Ramos, MD
- 8:00 – 8:25 Implement Prevention: Guidelines for Prevention of Heart Disease in Women
Ileana L. Piña, MD, MPH
- 8:25 – 8:30 Q&A
- 8:30 – 8:55 Opportunity as Seen Through Eyes of a Cardiologist's: Health Disparities and Disparities in Cardiovascular Disease Outcomes in the Community
Julie J. Ramos, MD
- 8:55 – 9:00 Q&A
- 9:00 – 9:25 Keynote Address: Bronx CAN Initiative
Senator Gustavo Rivera
- 9:25 – 9:30 Q&A
- 9:30 – 9:55 Cycle of Life: Cardiovascular Risk Factors Throughout the Hispanic Women's Life Cycle – Childhood, Pregnancy, Menopause
Mary L. Rosser, MD, PhD
- 9:55 – 10:00 Q&A
- 10:00 – 10:15 Coffee Break
- 10:15 – 10:40 To Model or Remodel: Gender Differences in Post-Myocardial Infarction Remodeling
Mario J. Garcia, MD, FACC
- 10:40 – 10:45 Q&A
- 10:45 – 11:10 Peripheral Vascular Disease: Not Just a Man's Disease
David Paul Slovut, MD, PhD
- 11:10 – 11:15 Q&A
- 11:15 – 11:40 Vitamin D and Cardiovascular Health: More Than Skin Deep
Cynthia C. Taub, MD, FACC, FASE
- 11:40 – 11:45 Q&A
- 11:45 – 1:00 pm Luncheon and Visit Exhibits

WORKSHOPS IN THE AFTERNOON (attendees can participate in 1 of the 2): 1:00 – 2:00 pm

- 1:00 – 2:00 I. Intervention is Prevention: Lifestyle Modifications Including Nutrition Education and Physical Activity its Role in Disease Prevention in Hispanic Women
Julie J. Ramos, MD
- 1:00 – 2:00 II. Strategies to Improve Patient Adherence: Motivational Interviewing
Candace Robertson-James, DrPH, MPH

**For Additional Information Contact:
Center for Continuing Medical Education at 718-920-6674
or npiacent@montefiore.org**



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REGISTRATION FORM Saturday, October 6, 2012, 7:30 am – 2:00 pm

Name _____
First M.I. Last Degree

Mailing Address _____

City/State _____ Zip _____

Daytime Telephone _____

Fax _____

E-mail _____

I am a: Primary Care Physician PA NP Nurse Pharmacist

Subspecialist _____

Special Dietary Needs: Kosher Vegetarian


Registration is Complimentary


FIVE EASY WAYS TO REGISTER

 **On-Line** www.mecme.org

 **E-mail** npiacent@montefiore.org

 **Phone** 718-920-6674

 **Fax** 718-798-2336

 **Mail** Center for Continuing Medical Education, 3301 Bainbridge Avenue,
Bronx, NY 10467