

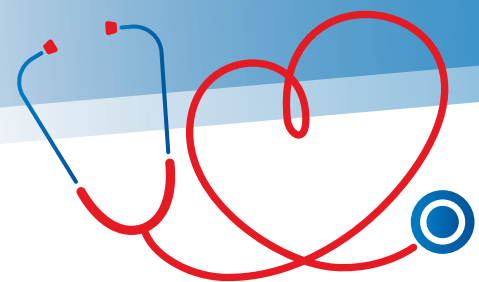
MES DEL CORAZÓN HEART MONTH 2015

Montefiore

Montefiore Einstein
Center for Heart &
Vascular Care



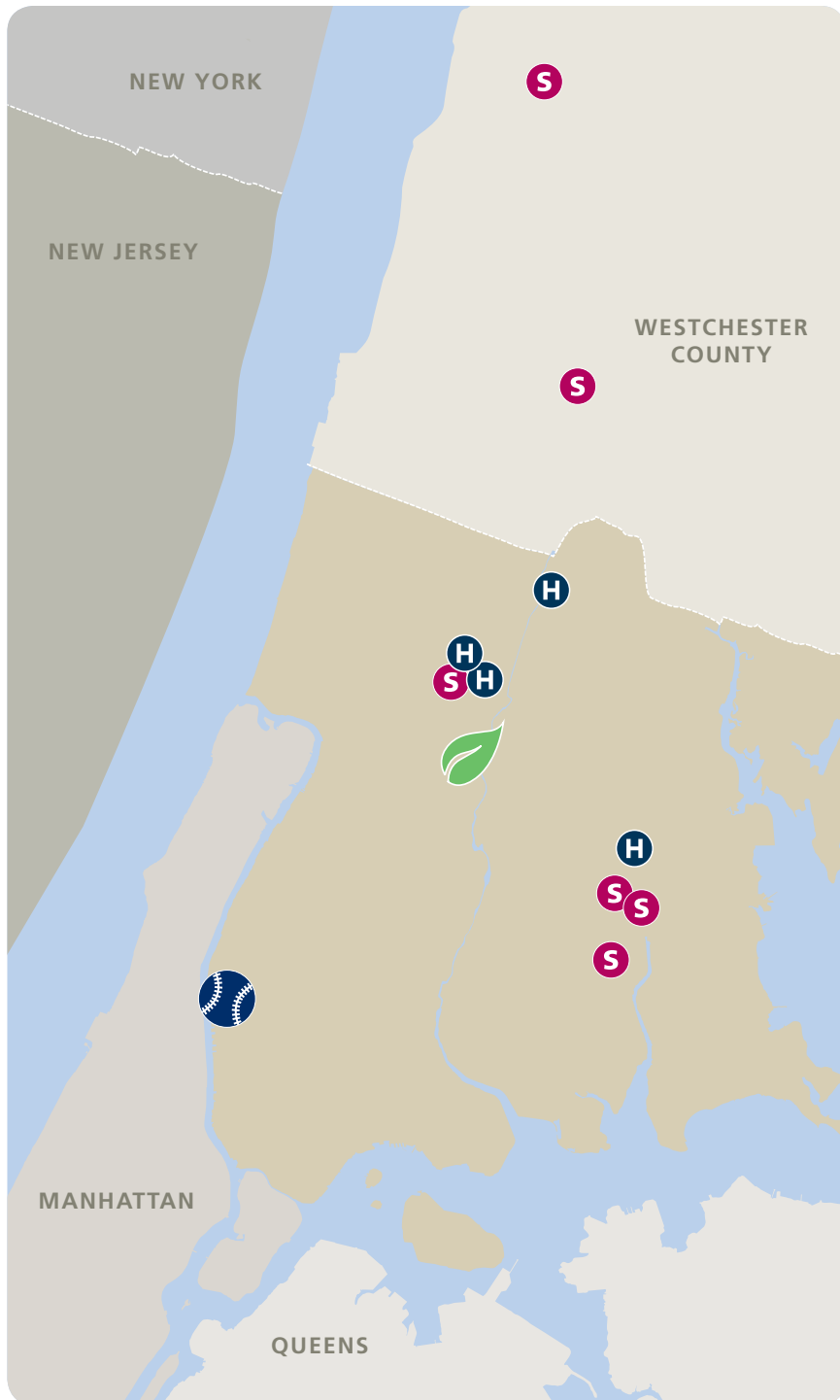
#MonteHeart



February 2015 | Heart Month Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>02</p> <p>My Plate Planner: Eating for a Healthy Heart 10:00 am Reception Area Montefiore Medical Group, Marble Hill Family Practice, 5525 Broadway, Bronx, New York 10463</p> <p>Heart Month Kick Off (Wakefield Campus) 10:15 am Lobby, Montefiore Mile Wakefield Campus, 600 East 233rd Street, Bronx, New York 10466</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p> <hr/> <p>09</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p> <hr/> <p>16</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p> <hr/> <p>23</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p>	<p>03</p> <p>Food Demo (Einstein Campus) 12:30 pm Weiler Hospital, 4th Floor, Cafeteria Einstein Campus, 1825 Eastchester Road, Bronx, New York 10458 Registration is not required, but you can sign up on toyourhealth.montefiore.org.</p> <p>Heart Month Kick Off (Einstein Campus) 2:00 pm Tenbroeck Entrance, Weiler Hospital Einstein Campus, 1825 Eastchester Road, Bronx, New York 10461</p> <hr/> <p>10</p> <p>Healthy Heart Seminar Montefiore 10:30 am–Noon Gun Hill RAIN Senior Center, Community Room 3777 White Plains Road, Bronx, New York 10469 No registration required.</p> <hr/> <p>17</p> <p>Healthy Heart Class Noon Grand Concourse Basement Classroom Montefiore Medical Group, 2532 Grand Concourse, Bronx, New York 10458</p> <hr/> <p>24</p> <p>Celebrate Heart Month Health Fair (Mall at Bay Plaza) Noon–4:00 pm The Mall at Bay Plaza 200 Baychester Avenue, Bronx, New York 10475 Montefiore is offering blood pressure screenings and other surprises. Open to all.</p>	<p>04</p> <p>Food Demo (Healthy Recipes) 11:30 am Greene Medical Arts Pavilion, 8th Floor Moses Campus, 3400 Bainbridge Avenue, Bronx, New York 10467</p> <hr/> <p>11</p> <p>Eating for a Healthy Heart 10:00 am Lower Level Conference Room Montefiore Medical Group, Bronx East, 2300 Westchester Avenue, Bronx, New York 10462</p> <p>Food Demo (Healthy Recipes) 11:30 am Greene Medical Arts Pavilion, 8th Floor Moses Campus, 3400 Bainbridge Avenue, Bronx, New York 10467</p> <p>Heart Health Presentation 11:30 am Reception Area Montefiore Medical Group, Comprehensive Family Care Center (CFCC), 1621 Eastchester Road, 2nd Floor, Adult Medicine Unit, Bronx, New York 10475</p> <p>Food Demo (Healthy Recipes) 2:00 pm Reception Area, Bartow Avenue Office Montefiore Medical Group, Co-op City (Bay Plaza), 2100 Bartow Avenue, Bronx, New York 10475</p> <hr/> <p>18</p> <p>Celebrate Children with Special Hearts 4:00–6:00 pm Grand Hall, Tishman Learning Center Moses Campus, 111 East 210th Street, Bronx, New York 10467 Registration is open to all. Please call Serena Rodriguez at 718-741-2178.</p> <hr/> <p>25</p> <p>Eating for a Healthy Heart 10:00 am Lower Level Conference Room Montefiore Medical Group, Bronx East, 2300 Westchester Avenue, Bronx, New York 10462</p> <p>Food Demo (Healthy Recipes) 11:30 am Greene Medical Arts Pavilion, 8th Floor Moses Campus, 3400 Bainbridge Avenue, Bronx, New York 10467</p> <p>Heart Health Presentation 11:30 am Reception Area Montefiore Medical Group, Comprehensive Family Care Center (CFCC), 1621 Eastchester Road, 2nd Floor, Adult Medicine Unit, Bronx, New York 10475</p> <p>Food Demo (Healthy Recipes) 2:00 pm Reception Area, Bartow Avenue Office Montefiore Medical Group, Co-op City (Bay Plaza), 2100 Bartow Avenue, Bronx, New York 10475</p>	<p>05</p> <p>Heart Month Kick Off (Moses Campus) 11:30 am Lobby, Moses Campus, 111 East 210th Street, Bronx, New York 10467</p> <p>Food Demo (Moses Campus) 12:30 pm Grand Hall, Tishman Learning Center Moses Campus, 111 East 210th Street, Bronx, New York 10467 Registration is not required, but you can sign up on toyourhealth.montefiore.org.</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area, Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p> <hr/> <p>12</p> <p>Blood Pressure Screening (Wakefield Campus) 9:00 am–3:00 pm Cafeteria, Wakefield Campus, 600 East 233rd Street, Bronx, New York 10466</p> <p>Food Demo (Wakefield Campus) 12:30 pm Cafeteria, Wakefield Campus, 600 East 233rd Street, Bronx, New York 10466</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area, Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p> <hr/> <p>19</p> <p>Blood Pressure Screening (Westchester Square Campus) 9:00 am–2:00 pm Lobby, Westchester Square Campus, 2475 St. Raymonds Avenue, Bronx, New York 10461</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p> <p>Healthy Heart Workshop 3:00 pm Lower Level Conference Room Montefiore Medical Group, Bronx East, 2300 Westchester Avenue, Bronx, New York 10462</p> <hr/> <p>26</p> <p>Heart Healthy Seminar 6:00–7:30 pm Foreign Language Academy of Global Studies High School, 470 Jackson Avenue, Bronx, New York 10455 No registration required. Open to all, with a focus for adults and parents.</p> <p>Heart Disease: Awareness and Prevention 1:30 pm Reception Area, Montefiore Medical Group, Family Health Center, 360 East 193rd Street, Bronx, New York 10458</p>	<p>06</p> <p>National Wear Red Day Children's Hospital at Montefiore (CHAM) Lobby Moses Campus, 3415 Bainbridge Avenue, Bronx, New York 10467 #GoRed</p> <p>My Plate Planner: Eating for a Healthy Heart 10:00 am Reception Area Montefiore Medical Group, Marble Hill Family Practice, 5525 Broadway, Bronx, New York 10463</p> <hr/> <p>13</p> <p>My Plate Planner: Eating for a Healthy Heart 10:00 am Reception Area Montefiore Medical Group, Castle Hill Family Practice, 2175 Westchester Avenue, Bronx, New York 10462</p> <p>Healthy Heart Seminar for Grandparents 11:00 am–Noon Grandparents Advocacy Program, Bronx River Community Center 1619 East 174th Street, Bronx, New York 10472 No registration required.</p> <hr/> <p>20</p> <p>My Plate Planner: Eating for a Healthy Heart 10:00 am Reception Area Montefiore Medical Group, Castle Hill Family Practice, 2175 Westchester Avenue, Bronx, New York 10462</p> <hr/> <p>27</p> <p>Food Demo (Healthy Recipes) 2:00 pm Reception Area Montefiore Medical Group, Co-op City (Dreiser Loop), 115 Dreiser Loop, Bronx, New York 10475</p>


#MonteHeart



Find out more about Heart Month at Montefiore by visiting:
Obtenga más información sobre el Mes del Corazón en Montefiore, visitando al:
www.montefiore.org/HeartMonth

 Find us on Facebook | *Búscanos en Facebook*

 Follow us on Twitter | *Síguenos en Twitter*

 Watch us on YouTube | *Véanos en YouTube*

 Connect with us on LinkedIn | *Conéctese con nosotros en LinkedIn*

HOSPITAL-BASED LOCATIONS

**Montefiore Hospital,
Moses Campus**
 111 East 210th Street
 Bronx, New York 10467

**Jack D. Weiler Hospital,
Einstein Campus**
 1825 Eastchester Road
 Bronx, New York 10461

**Montefiore Hospital,
Wakefield Campus**
 600 East 233rd Street
 Bronx, New York 10466

**Children's Hospital at Montefiore,
Moses Campus**
 3415 Bainbridge Avenue
 Bronx, New York 10467

Montefiore Hutchinson Campus
 1250 Waters Place
 Bronx, New York 10461

SATELLITE LOCATIONS

Montefiore Medical Park
 1575 Blondell Avenue
 Bronx, New York 10467

Eastern Vascular Associates
 3219 East Tremont Avenue
 Bronx, New York 10461

Montefiore Medical Group
 1010 Central Park Avenue
 Yonkers, New York 10704

Greene Medical Arts Pavilion
 3400 Bainbridge Avenue
 Bronx, New York 10467

Tarrytown Cardiology
 150 White Plains Road, Suite 200
 Tarrytown, New York 10591

Westchester Heart Specialists
 150 Lockwood Avenue
 New Rochelle, New York 10801

 **New York Botanical Garden**

 **Yankee Stadium**

