



The Department of Physical Medicine and Rehabilitation at Montefiore, Burke Rehabilitation Hospital, NYC Parks, ThisAbility and the Axis Project invite you to participate in our FREE event:

ADAPTIVE SPORTS OPEN HOUSE

Join us at the Open House, for hands-on equipment demonstrations and participate in sample adaptive sports sessions. Find out more about adaptive sports programs in and around New York City and Westchester County.

Bring your family and friends to try out an inclusive dance class, boxing circuit, obstacle course, basketball demo, seated yoga class, zumba, table tennis demo, hand cycling & golfing trials. Refreshments and educational health materials will be provided.

Saturday, June 10, 2017, 10:00 am–1:00 pm

(Meet outside the Recreation Center)

Williamsbridge Oval Recreation Center, 3225 Reservoir Oval East, Bronx, New York 10467

To RSVP, or for more information: adaptive-sports@montefiore.org

or call 718-547-4940

Adaptive Sports offers physical activity for people with disabilities, because physical activity is important for everyone. We Look Forward To Seeing You Out on the Oval!

