

























NOVEMBER IS
AMERICAN
DIABETES
MONTH
 A FAMILY AFFAIR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		 1 Associate/Visitor Screening and Counseling	   2 Diabetes Awareness Education Table ZUMBA: Free classes Diabetes Circle of Health Walk Kickoff Speaker: Steven Safyer, MD, President and CEO Food Tastings	 3 Diabetes Lecture	 4 Diabetes Research Center Conference	
		 8 ZUMBA: Free classes	   9 Diabetes Awareness Education Table Diabetes Lecture ZUMBA: Free classes Diabetes Circle of Health Walk Food Tastings		 11 Diabetes Research Center Conference	
	 14 Food Tastings Diabetes Club Meeting	 15 Montefiore/1199 Health Fair	  16 Grand Rounds Diabetes Circle of Health Walk		  18 Family Medicine Grand Rounds via Webinar Diabetes Research Center Conference ZUMBATHON	
	 21 Diabetes Lecture Diabetes Club Meeting			24 Thanksgiving Day 		
		 29 Diabetes Lecture				

ICON KEY

-  Lectures
-  Fitness
-  Nutrition

NOVEMBER IS AMERICAN DIABETES MONTH[®]

The Clinical Diabetes Center at Montefiore is sponsoring a variety of events throughout the month to educate staff and patients on how to live healthy. Our Center, recognized both locally and nationally, is a leader in research and serves as a model for excellence in diabetes prevention and management. Come find out what we have to offer!



Montefiore
 Inspired Medicine



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PROVIDER ASSOCIATE CALENDAR



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DIABETES CIRCLE OF HEALTH WALK KICKOFF AT THE WILLIAMSBRIDGE OVAL PARK

Wednesday, November 2 noon – 12:15 pm
 West Garden • Moses Campus • 111 East 210th Street • Bronx, New York
 Speaker: Steven Safyer, MD, President and CEO

SCREENING

Tuesday, November 1 9:00 am – noon
 Associate/Visitor Screening and Counseling
 Outside the cafeteria • North Campus • 600 East 233rd Street • Bronx, New York 10466

LECTURES/EDUCATION

Wednesday, November 2 noon – 2:00 pm
 Diabetes Awareness/Healthy Body/Healthy Mind educational table
 Lobby • The Children's Hospital at Montefiore • 3415 Bainbridge Avenue • Bronx, New York 10467

Thursday, November 3 7:30 am – 8:00 am
 "Conducting Inpatient Diabetes Rounds with Family Medicine"
 Rita Louard, MD
 Northwest 7 Conference Room • Moses Campus • 111 East 210th Street • Bronx, New York 10467

Friday, November 4 9:00 am – 10:00 am
 Diabetes Research Center Conference
 "Drosophila Model of Type 2 Diabetes"
 Jianbo Na, MD, Mount Sinai School of Medicine
 LeFrak Auditorium, Price Center/Block Research Pavilion • Albert Einstein College of Medicine of Yeshiva University • 1300 Morris Park Avenue • Bronx, New York 10461

Wednesday, November 9 8:00 am – 9:30 am
 "Management of Type 2 Diabetes"
 Rita Louard, MD
 Montefiore Medical Group, Bronx East • 2300 Eastchester Avenue • Bronx, New York 10462

noon – 2:00 pm
 Diabetes Awareness/Healthy Body/Healthy Mind educational table
 Outside the cafeteria • North Campus • 600 East 233rd Street • Bronx, New York 10466

Friday, November 11 9:00 am – 10:00 am
 Diabetes Research Center Conference
 "Inflammatory Links Between Obesity and Type 2 Diabetes"
 Alan R. Saltiel, PhD, University of Michigan
 LeFrak Auditorium, Price Center/Block Research Pavilion • Albert Einstein College of Medicine of Yeshiva University • 1300 Morris Park Avenue • Bronx, New York 10461

Monday, November 14 5:30 pm – 7:30 pm
 "Diabetes Club Meeting"
 Helena Duffy, ANP-BC, CDE, and Sharon Movsas, RD, CDE
 7N Conference Room B • Weiler Hospital, East Campus • 1825 Eastchester Road • Bronx, New York 10461 • To register, call 1-800-MD-MONTE (636-6683)

Tuesday, November 15 10:00 am – 4:00 pm
 Montefiore/1199 Health Fair, open to all Montefiore associates on the east campus
 Lubin Dining Room • Albert Einstein College of Medicine of Yeshiva University • 1300 Morris Park Avenue • Bronx, New York 10461

Wednesday, November 16 9:00 am – 10:00 am
 Grand Rounds – "Diabetes and Its Management"
 Rita Louard, MD
 Conference Room A, Education Center • North Campus • 600 East 233rd Street • Bronx, New York 10466

Friday, November 18 8:00 am – 9:00 am
 Family Medicine Grand Rounds – "Case Presentations: A Team Approach to Managing the Patient with Poorly Controlled T2DM"
 Williamsbridge Family Practice • 3448 Boston Road • Bronx, New York 10469 • Broadcast to NW7, Family Health Center, via Webinar

9:00 am – 10:00 am
 Diabetes Research Center Conference
 Edward Fisher, MD, PhD, MPH, NYU Langone Medical Center
 LeFrak Auditorium, Price Center/Block Research Pavilion • Albert Einstein College of Medicine of Yeshiva University • 1300 Morris Park Avenue • Bronx, New York 10461

Monday, November 21 12:30 pm – 1:30 pm
 "Managing the Patient with Type 1 Diabetes"
 Rita Louard, MD, and the Clinical Diabetes Center Team
 Northwest 5 Conference Room • Moses Campus • 111 East 210th Street • Bronx, New York 10467

5:00 pm – 7:00 pm
 "Diabetes Club Meeting"
 Alethea Shephardson, FNP, CDE
 Tishman Learning Center #4 • Moses Campus • 111 East 210th Street • Bronx, New York 10467 • To register, call 1-800-MD-MONTE (636-6683)

Tuesday, November 29 12:30 pm – 1:30 pm
 "Personal Experiences with Type 1 Diabetes"
 Rita Louard, MD, and the Clinical Diabetes Center Team
 Northwest 5 Conference Room • Moses Campus • 111 East 210th Street • Bronx, New York 10467

EXERCISE

ZUMBA: Free classes for first-time participants
 The following classes are open to all Montefiore associates. **Classes are free of charge for new participants.** Please call 1-800-MD-MONTE to reserve a spot.

Wednesday, November 2 5:15 pm – 6:00 pm
 Montefiore Care Management (CMO) • 100 Corporate Blvd, Suite 111 A • Yonkers, New York 10701

Tuesday, November 8 5:15 pm – 6:00 pm
 Auditorium • North Campus • 600 East 233rd Street • Bronx, New York 10466

5:15 pm – 6:00 pm
 Cafeteria • One Fordham Plaza • Bronx, New York 10458

5:30 pm – 6:15 pm
 Cafeteria (4th floor) • East Campus • 1825 Eastchester Road • Bronx, New York 10461

Wednesday, November 9 5:15 pm – 6:00 pm
 Food Pavilion • Moses Campus • 111 East 210th Street • Bronx, New York 10467

ZUMBATHON to Stomp Out Diabetes
Friday, November 18 6:00 pm – 8:00 pm
 Mosholu Montefiore Community Center • 3450 Dekalb Avenue • Bronx, New York 10467

Space limited to 300 participants. Cost is \$15 in advance and \$20 at the door. First fifty 1199 members to register at the door may enter free. To register go to giving.montefiore.org/zumba. Cosponsored by the Diabetes Center, District 1199 and the Mosholu Montefiore Community Center. Email rshanker@montefiore.org for more information.

WALKS (Giveaways, while supplies last)
 Meet at West Garden • Moses Campus • 111 East 210th Street • Bronx, New York 10467

Wednesday, November 2 at 12:15 pm
Wednesday, November 9 at 12 noon
Wednesday, November 16 at 12 noon

We will walk the Montefiore Mile if there is inclement weather.

NUTRITION

FOOD TASTINGS (Giveaways, while supplies last)

Wednesday, November 2
Wednesday, November 9
Monday, November 14

11:30 am – 1:30 pm
 Cafeteria • Moses, East and North Campuses

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