Exercise Resources: South Bronx



Recreation Centers, Parks and Swimming Pools

Recreation Centers

Saint Mary's Recreation Center

450 Saint Ann's Avenue 718-402-5155

Basketball, volleyball, floor exercises, and other sports and fitness activities.

Membership is free for kids 17 and under.

Betances Community Center

547 East 146th Street 718-585-5040

http://bronxworks.org/betances-community-center Free activities for children and youth ages 5-21. Physical activities include aerobics classes, hiphop and step dance classes, salsa dancing and basketball.

Hunts Point Recreation Center

765 Manida Street 718-860-5544

Membership is free for kids 17 and under.

South East Neighborhood Centers

955 Tinton Avenue (corner of 163rd Street) 718-542-2727

Exercise, fitness and sports activities for youth and children seven days a week. No admission fee to join the Center.

West Bronx Community Center

1527 Jessup Avenue Contact: Jose Lopez 718-293-5934

Basketball, volleyball, weight training, track, flag football, and other sports and fitness activities. Membership is free for kids 17 and under.

Saint James Recreation Center

2530 Jerome Avenue at 192nd Street 718-822-4271

Membership is free for kids 17 and under.

Swimming Pools

Open during summer season only

Saint Mary's Park Pool

Saint Ann's Avenue and East 145th Street Indoor pool; membership is free for kids 17 and under.

Claremont Pool

170th Street and Clay Avenue 718-901-4792

Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate and wading pools

Crotona Park Pool

173rd Street and Fulton Avenue 718-822-4440 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor pool

Floating Pool

Tiffany Street and Viele Avenue 718-430-4601 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate pool

Highbridge Pool

Amsterdam Avenue and West 173rd Street 212-927-2400
Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm

Free outdoor wading pool and Olympic-sized pool

Mullaly Park Pool

East 164th Street between Jerome and River Avenues 718-538-7083 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate and wading pools

Parks

Joyce Kilmer Park

Grand Concourse to Walton Avenue between East 161st and East 164th Streets Beautiful park for running

Mullaly Park

Jerome Avenue to River Avenue between East 164th and McClellan Streets

Baseball fields, basketball courts, dog runs, handball courts, playgrounds, pools, recreation centers, skate parks, soccer fields

Franz Sigel Park

Walton Avenue to Grand Concourse between East 151st and East 153rd Streets Baseball field, basketball courts, dog runs, playgrounds

Rainey Park

Beck Street between Interval and Longwood Avenues Baseball fields, football fields, bathrooms, water fountains

Saint Mary's Park

Saint Mary's Street between Saint Ann's and Jackson Avenues

Barbecuing areas, basketball courts, fitness equipment, handball courts, pools, running tracks, spray showers, water fountains, baseball fields, bathrooms, football fields, playgrounds, recreation center, soccer fields, tennis courts

Roberto Clemente State Park

West Tremont and Mathewson Road Contact: Robert Morris 718-299-8750

Fitness center, cardio classes, instructional basketball, gymnastics, baseball, and karate. Free play programs on Fridays and Saturdays. Swimming pool open during summer months only. Contact the park for more information on programs.

Flynn Playground

Brook Ave between 157th and 158th Streets Basketball courts, handball courts, spray showers, playgrounds, baseball fields, garden

Grove Hill Playground

East 158th Street between Eagle and Cauldwell Avenues

Basketball courts, fitness equipment, playgrounds, water fountains, bathrooms, handball courts, spray showers

Captain Rivera Playground

East 156th Street between Jackson and Forest Avenues

Basketball courts, fitness equipment, playgrounds, water fountains, bathrooms, handball courts, spray showers

