# Exercise Resources: South Bronx



## Recreation Centers, Parks and Swimming Pools

### **Recreation Centers**

#### Saint Mary's Recreation Center

450 Saint Ann's Avenue 718-402-5155 Basketball, volleyball, floor exercises, and other sports and fitness activities. Membership is free for kids 17 and under.

#### South East Neighborhood Centers

955 Tinton Avenue (corner of 163rd Street) 718-542-2727 www.sebnc.org Exercise, fitness and sports activities for youth and children seven days a week. No admission fee.

#### **Hunts Point Recreation Center**

765 Manida Street 718-860-5544 Membership is free for kids 17 and under.

#### West Bronx Community Center

1527 Jessup Avenue Contact: Jose Lopez 718-293-5934 Basketball, volleyball, weight training, track, flag football, and other sports and fitness activities. Membership is free for kids 17 and under.

#### **Betances Community Center**

http://bronxworks.org/betances-community-center 547 East 146th Street 718-585-5040 Free activities for children and youth ages 5–21. Aerobics classes, hip-hop and step dance classes, salsa dancing and basketball.

### **Parks**

#### **Abigail Playground**

East 156th Street between Tinton and Union Avenues Basketball courts, playgrounds, bathrooms, water fountains

#### **Joyce Kilmer Park**

Grand Concourse to Walton Avenue between East 161st and East 164th Streets

#### **Mullaly Park**

Jerome Avenue to River Avenue between East 164th and McClellan Streets Baseball fields, basketball courts, dog runs, handball

courts, playgrounds, pools, recreation centers, skate parks, soccer fields

#### **Flynn Playground**

Brook Ave between 157th and 158th Streets Basketball courts, handball courts, spray showers, playgrounds, baseball fields, garden

#### **Franz Sigel Park**

Walton Avenue to Grand Concourse between East 151st and East 153rd Streets Baseball field, basketball courts, dog runs, playgrounds

#### **Grove Hill Playground**

East 158th Street between Eagle and Cauldwell Avenues

Basketball courts, fitness equipment, playgrounds, water fountains, bathrooms, handball courts, spray showers

#### **Rainey Park**

Beck Street between Interval and Longwood Avenues Baseball fields, football fields, bathrooms, water fountains

#### **Captain Rivera Playground**

East 156th Street between Jackson and Forest Avenues Basketball courts, fitness equipment, playgrounds, water fountains, bathrooms, handball courts, spray showers

#### Saint Mary's Park

Saint Mary's Street between Saint Ann's and Jackson Avenues

Barbecuing areas, basketball courts, fitness equipment, handball courts, pools, running tracks, spray showers, water fountains, baseball fields, bathrooms, football fields, playgrounds, recreation center, soccer fields, tennis courts

#### **Roberto Clemente State Park**

West Tremont and Mathewson Road Contact: Robert Morris 718-299-8750

Fitness center, cardio classes, instructional basketball, gymnastics, baseball and karate. Free play programs on Fridays and Saturdays. Swimming pool open during summer months only. Basketball, baseball and gymnastics for ages 7–14 (fee of \$20 money order per 12-week session). Contact the park for more information on programs.

## **Swimming Pools**

Open during summer season only

#### Saint Mary's Park Pool

Saint Ann's Avenue and East 145th Street Indoor pool; membership is free for kids 17 and under.

#### **Mullaly Park Pool**

East 164th Street between Jerome and River Avenues 718-538-7083 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate and wading pools

#### **Claremont Pool**

170th Street and Clay Avenue 718-901-4792 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate and wading pools

#### **Crotona Park Pool**

173rd Street and Fulton Avenue 718-822-4440 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor pool

#### **Floating Pool**

Tiffany Street and Viele Avenue 718-430-4601 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate pool

#### **Highbridge Pool**

Amsterdam Avenue and West 173rd Street 212-927-2400 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor wading pool

