Exercise Resources: West Farms



Gyms, Recreation Centers, Parks and Swimming Pools

Recreation Centers

Crotona Park Community Center

1700 Fulton Avenue 718-716-1196 Memberships: \$25 for one year for adults ages 18–24; \$75 for one year, \$75 for six months and \$100–\$150 for one year for adults ages 25–61; and \$25 for one year for seniors ages 62+.

Gyms & Sports Facilities

Curves

1186 East 180th Street 718-931-4321

Lucille Roberts 82 Hugh J. Grant Circle 718-892-2020

S P Fitness Center

1707 Unionport Road 718-823-0168

Daro's Extreme Fitness

1207 White Plains Road 718-597-5673

Powerhouse Gym 1626 Bronxdale Avenue 718-518-8020

Planet Fitness 2121 Glebe Avenue 718-239-8210

New York Sports Club 1601 Bronxdale Avenue 718-828-0611

Parks

Crotona Park

Crotona Park North to South Barbecuing areas, basketball courts, bocce courts, eateries, fitness equipment, handball courts, playgrounds, recreation centers, tennis courts, baseball fields, bathrooms, dog runs, fishing, fitness paths, nature center pools, spray showers, water fountains

Tremont Park

East 175th Street to East Tremont Avenue between Third and Arthur Avenues Baseball fields, bocce courts, fitness paths, playgrounds, water fountains, bathrooms, dog runs, handball courts, spray showers

Noble Playground

Noble Avenue between Bronx River Avenue and East 177th Street Baseball fields, bathrooms, playgrounds, water fountains, basketball courts, fitness equipment, spray showers

Bronx Park

Burke Avenue, East 180th Street between Dr. Kazamiroff Boulevard, Southern Boulevard and Bronx Park East

Baseball fields, bathrooms, bocce courts, eateries, football fields, kayak canoe launch sites, skate parks, spray showers, water fountains, basketball courts, bicycling and greenways, dog runs, fitness equipment, handball courts, playgrounds, soccer fields, tennis courts, zoos and aquariums

Belmont Playground

East 182nd Street between Belmont and Croton Avenues

Basketball courts, fitness equipment, playgrounds, water fountains, bathrooms, handball courts, spray showers

Swimming Pools

Open during summer season only

Crotona Park Pool

173rd Street and Fulton Avenue 718- 822-4440 Pool open from June to September 11:00 am - 3:00 pm, 4:00 - 7:00 pm Free outdoor pool

Claremont Pool

170th Street and Clay Avenue 718-901-4792 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate and wading pools

