Gyms, Recreation Centers, Parks and Swimming Pools

(continued on next page)

ADULTS

Recreation Centers

Saint Mary's Recreation Center

450 Saint Ann's Avenue 718-402-5155 Basketball, volleyball, floor exercises, and other sports and fitness activities. Must be a member to participate in activities: \$25

for one year for adults ages 18-24; \$75 for one year, \$75 for six months and \$100-\$150 for one year for adults ages 25-61; and \$25 for one year for seniors ages 62+.

South East Neighborhood Centers

955 Tinton Avenue (corner of 163rd Street) 718-542-2727 Includes Zumba, cardio machines, weight room, ages 35+ basketball

Hunts Point Recreation Center

765 Manida Street 718-860-5544

Must be a member to participate in activities: \$25 for one year for adults ages 18-24; \$75 for one year, \$75 for six months and \$100-\$150 for one year for adults ages 25-61; and \$25 for one year for seniors ages 62+.

Betances Community Center

http://bronxworks.org/betances-community-center 547 East 146th Street 718-585-5040 Free activities for children and youth ages 5–21, as well as for adults and senior citizens. Aerobics classes, hip-hop and step dance classes, salsa dancing and basketball.

West Bronx Community Center

1527 Jessup Avenue Contact: Jose Lopez 718-293-5934 Mondays 9:00 am – 11:00 pm Tuesdays – Fridays 9:00 am – 10:00 pm Saturdays – Sundays 9:00 am – 11:00 pm Must be a member to participate in activities: \$25 for a one-year membership for adults ages 18–24; \$75 for a six-month membership and \$100–\$150 for one year for adults ages 25–61; and \$25 for one year for seniors ages 62+.

Saint James Recreation Center

2530 Jerome Avenue at 192nd Street 718-367-3657 Fitness room Must be a member to participate in activities: \$25 for a one-year membership for adults ages 18–24; \$75 for a six-month membership and \$100-\$150 for one year for adults ages 25–61; and \$25 for one year for seniors ages 62+.

Parks

Joyce Kilmer Park

Grand Concourse to Walton Avenue between East 161st and East 164th Streets Beautiful park for running

Mullaly Park

Jerome Avenue to River Avenue between East 164th and McClellan Streets Baseball fields, basketball courts, dog runs, handball courts, playgrounds, pools, recreation centers, skate parks, soccer fields

Flynn Playground

Brook Avenue between 157th and 158th Streets Basketball courts, handball courts, spray showers, playgrounds, baseball fields, garden

Franz Sigel Park

Walton Avenue to Grand Concourse between East 151st and East 153rd Streets Baseball field, basketball courts, dog runs, playgrounds

Grove Hill Playground

East 158th Street between Eagle and Cauldwell Avenues Basketball courts, fitness equipment, playgrounds, water fountains, bathrooms, handball courts, spray showers

Rainey Park

Beck Street between Interval and Longwood Avenues

Baseball fields, football fields, bathrooms, water fountains

Captain Rivera Playground

East 156th Street between Jackson and Forest Avenues

Basketball courts, fitness equipment, playgrounds, water fountains, bathrooms, handball courts, spray showers

Saint Mary's Park

Saint Mary's Street between Saint Ann's and Jackson Avenues

Barbecuing areas, basketball courts, fitness equipment, handball courts, pools, running tracks, spray showers, water fountains, baseball fields, bathrooms, football fields, playgrounds, recreation center, soccer fields, tennis courts

Roberto Clemente State Park

West Tremont and Mathewson Road Contact: Robert Morris 718-299-8750 Fitness center, cardio classes, instructional basketball, gymnastics, baseball and karate. Indoor soccer and touch football programs for adults. Free

soccer and touch football programs for adults. Free play programs on Fridays and Saturdays. Swimming pool open during summer months only. Contact the park for more information on programs.



Exercise Resources: South Bronx



Gyms & Sports Facilities

Planet Fitness

2914 Third Avenue 718-585-5720

John's Boxing Gym 436 Westchester Avenue 718-665-0376

Blink Fitness 744 Saint Ann's Avenue 917-688-3030

Lucille Roberts

29-35 Third Avenue 718-585-5959

Blink Fitness 820 Concourse Village West 718-704-1600

South East Neighborhood Centers

955 Tinton Avenue (corner of 163rd Street) 718-542-2727 Cardio machines and weight room

Swimming Pools

Open during summer season only

Saint Mary's Park Pool

Saint Ann's Avenue and East 145th Street Indoor pool use included in recreation center fee: 25 for one year for adults ages 18-24; 75 for one year, 75 for six months and 100-150 for one year for adults ages 25-61; and 25 for one year for seniors ages 62+.

Mullaly Park Pool

East 164th Street between Jerome and River Avenues 718-538-7083 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate and wading pools

Claremont Pool

170th Street and Clay Avenue 718-901-4792 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate and wading pools

Crotona Park Pool

173rd Street and Fulton Avenue 718-822-4440 Pool open from June to September 11:00 am-3:00 pm, 4:00-7:00 pm Free outdoor pool

Floating Pool

Tiffany Street and Viele Avenue 718-430-4601 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor intermediate pool

Highbridge Pool

Amsterdam Avenue and West 173rd Street 212-927-2400 Pool open from June to September 11:00 am – 3:00 pm, 4:00 – 7:00 pm Free outdoor wading pool and Olympic-sized pool



ADULTS

